



Terra Firma Farm

Summer Farm Camp 2010

We realize that while most children are not going to grow up to be farmers, they will be the next generation of stewards of the land. This season our summer programs are designed to provide children ages 3-12 with hands-on experiences in the many facets of a working farm. Whether it be our preschool age Sprouts or elementary youngsters in our weekly camps sessions; each child will be an active participant in the daily routines of the farm. With the guidance of our counselors and farm staff, they will:

- Care for a diverse selection of animals
- Engage in the growing cycle by planting, nurturing, harvesting and preparing food from our garden
- Participate in group activities which emphasize hands-on investigations to explore deeper the cycles of life



Working on a farm requires team work which fosters the values of:

Cooperation,
Respect &
Responsibility

Our programs aim to increase awareness and practical knowledge of the:

- Interconnectedness of all living things
- Meaning of sustainable agriculture
- Heritage Breeds of Animals
- Vegetable Varieties and heirlooms;
- Benefits of local agriculture;
- Cycles of farm life;
- Habits of eating healthy.

Summer Sprouts-Ages 3-5

This camp is designed for our 3, 4, & 5 year old sprouting farmers. Children will be involved in animal care activities, meeting the new farm arrivals, nature walks, and wildlife observation. These day camps are offered to teach responsibility and kindness for the farm, each other and our environment. Each day is planned for our Sprouting Farmers and offers an excellent hands-on opportunity for exploration and growth. Note: This camp runs Monday- Thursday from 9-noon.

- Sprouts 1: June 21st – June 24th**
- Sprouts 2: July 5th – July 8th**
- Sprouts 3: July 19th – July 22nd**
- Sprouts 4: August 2nd - August 5th**
- Sprouts 5: August 16th – August 19th**

Summer Farmers & Growers- Ages 6-12

At the Terra Firma Farm's Summer Day Camp, kids have fun while they learn about ecology, the environment, and the plants and animals we depend on for food and clothing. Campers will develop a stronger connection to the farm and the origin of their food through the week's activities. Each session offers different activities that are based on the week's themes, but every week will include garden work, games, and cooking projects, crafts, science activities, and (of course) farm chores. During farm chores we care for the pigs, goats, chickens, cows, donkeys, and all their young!!

Typical Day for Campers:

9 Check- in	9-10:15 Chores
10:15-10:30 Snack	10:30-12 Farm Activity
12-1 Lunch and Recreation Time	1-4 Discovery Time and Activities



Farm Friends- June 21stnd – June 25th

Walk in the footsteps of a farmer for a week, and experience what it takes to be a good farmer and naturalist. Through a variety of activities, campers will learn about animal care and the products animals provide to us.

- Adopt a calf or kid and learn how to care for it, and teach it to walk with you on a halter.
- Discover the ways of the farm through a scavenger hunt.
- Learn how to milk one of our cows or goats, and then make butter, cheese and ice cream!

Roots, Shoots & Muddy Boots- June 28th – July 2nd

Summer is a busy time at Terra Firma Farm! Take part in the fun and spend the week becoming a farm expert.

- Become friends with our chickens and their eggs.
- Learn about our driving donkeys, and watch them work on the farm.
- Get hands-on in the garden, and help make sure we will have plenty of food at harvest time.

Earth-friendly Farm- July 5th – July 9th

Terra Firma Farm uses earth-friendly farming, but just what does that mean? We'll spend the week exploring the farm to answer that question, and discover a few ways everyone can be earth friendly along the way.

- Use worms to transform leftover food into dirt.
- Cook yummy treats using solar power.
- Find new uses for recycled products.

Cows, Sheep and Goats.. oh my - July 12th–July 16th

Put down your garden trowel this week because we are going to focus on the animals..all of them. Terra Firma Farm is home to some of the friendliest farm animals around. Each day we will focus our activities around a new farm friend..

- We will halter train new goats and calves.
- Sample and explore different animal products from wool to gelatin!
- Try our luck at some goat plop bingo!

Chicks, Chickens, Roosters and Ducks –July 19th – July 23rd

The farm is home to over 500 chicks, ducks, laying hens and roosters!! Come and meet our flock, help us welcome some new hatchlings and explore the world of farmyard feathered friends!

- Watch and wait with excitement as chicks and ducklings hatch in the incubators.
- Refill nesting boxes & collect the dozens of eggs laid by the hens
- Learn to identify the different types of chickens and ducks on the farm
- We will bathe the chickens.. yup bathe the chickens



Summer Survival Skills! – July 26th – July 30th

Come to Terra Firma Farm and learn skills on how to survive living off the earth. We will learn lots of skills from cooking our lunch over a fire we create to using natural dyes. **NOTE: This camp includes an overnight from Thursday to Friday, and will end at 10AM on Friday.**

- Make a delicious tea from wild edibles.
- Cook over a fire you helped build.
- Spend one night in a tent and learn some constellations.

Farm Food- August 2nd – August 6th

The end of the summer is a great time to be on a farm. All the food is becoming ripe and ready to eat. What do we do with all of it? We will spend take all the fresh veggies we've grown and turn them into tasty treats- from grinding grain to making jam, we'll spend the days creating and eating. And, of course, there's always ice cream!

- Make tasty pickles from the farm's garden.
- Make homemade butter for our fresh bread from grain you grind yourself.
- Crush tomatoes to make your own sauce.

Country Fair- August 9th - August 13th

Everyone loves a Country Fair! Campers will put together a good old fashioned country fair. On Friday, parents and friends will be invited to enjoy all of our hard work.

- Exhibit crafts we made
- Work with and show off the farm animals
- Sample homemade farm foods

Farm to Pizza - August 16th- August 20th

Build your own pizza completely from scratch! Put on a chef hat in our kitchen and muck boots out on the farm. Gather fresh ingredients from the farmyard and the gardens! On Friday we will celebrate with a Farm Pizza Party!!

- Starting with whole foods we will grind wheat into flour
- Harvest vegetables and prepare sauce, taste herbs and toppings
- Milk a cow and explore how cheese is made.

Harvest Feast- August 23rd - August 27th

The summer is winding down and you know there will be plenty of food to harvest! Enjoy a smorgasbord of cooking and eating during this week! We will be making all sorts of tasty treats, including of course, ice cream!!

- Harvest fresh veggies from the garden and set up our own Farm Stand
- Make dyes from herbs and flowers
- Help extend the harvest by canning and preserving our produce

